



# AlterEden Native Plant + Seed Inventory

LH = Larval Host

TM = Traditional Medicine

IF = Indigenous Food

Seeds	Plants	Pollinator - Sun + Part Sun	
✓	4cm+1g	Wild Chives	TM
✓	1g Pale	Coneflower	TM
✓	4cm+1g	Yarrow	LH, TM
Sold Out	4cm+1g	Sneezeweed	LH, TM
✓	1g	New England Aster	LH
Sold Out	1g	Blue Vervain	LH
Sold Out		Blazing Star	LH
✓	Sold Out	Common Milkweed	LH
Sold Out		Ironweed	LH
NA	3g	Smooth Rose	TM

Seeds	Plants	Orange Flower Memorial - Sun + Part Sun
√	Sold Out	Butterfly Milkweed LH
√	1g	Tickseed LH
NA	1g	Sweetgrass TM
Sold Out	1g	Little Bluestem LH
√	4cm + 1g	Swamp Milkweed LH
Sold Out		Northern Sea Oats LH

Seeds	Plants	Three Sisters - Sun
√	4cm + 1g	Strawberry LH, TM
√	In Season	Pole Beans IF
√	In Season	Iroquois Blue Corn IF
√	1g + 2g + 3g	Sunchokes IF
√	In Season	Squash IF
√	In Season	Pumpkins IF
√	In Season	Orange Tomatoes IF
√	In Season	Bell Peppers IF

Seeds	Plants	Forest Edge - Part Sun + Shade
Sold Out	4cm + 1g	Foam Flower LH
√	1g	Nodding Onion LH
√	4cm + 1g	Pearly Everlasting LH, TM
√	4cm + 1g	Bee Balm LH
Sold Out	4cm + 1g	Heart Leaved Aster LH
Sold Out	1g	Fireweed TM
Sold Out		Wild Columbine LH
Sold Out	4cm + 1g	Blue Lobelia LH
Sold Out		Mountain Mint LH
Sold Out	1g	Cardinal Flower LH
NA	1g	White Trillium LH
NA	1g	Black Chokeberry IF
Sold Out	1g+ 3g	Virgin's Bower LH

**Seeds** shipped throughout Turtle Island

**Plants** delivered within Golden Horseshoe + GTA, June through October and shipped within Ontario, June and September

## Seed Starting and Gardening Supplies

#1 gray recycled fabric Root Pouch Grow Bag (1g - no Handles)

#15 gray recycled fabric Root Pouch Grow Bag (15g - handles)

9L Seed Starting Soilless Mix

## Pollinator and Orange Flower Memorial Garden Signs

Pyrography art on 6" paper birch circles with birch posts

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